

HALAK: A Sixteen-Chapter Journey Invites Readers to Walk with the Holy Spirit in Real Life

New discipleship book by Eby Mathew launches 26 January 2027 — with a dedicated welcome for Catholic readers

PERTH, Australia — September 2026. HALAK — Walk with the Holy Spirit in real life — a sixteen-chapter discipleship journey by author Eby Mathew, launches on 26 January 2027 in ebook, paperback, and hardcover editions. The book takes its name from the Hebrew word halak — “to walk” — the covenant language Scripture uses for a life lived in step with God.

HALAK is written for ordinary, real life: work, family, parish commitments, and the quiet decisions no one else sees. Its five movements — Surrender, Hear, Obey, Lead, and the Inner Witness — trace a path of spiritual maturity that begins not with striving, but with learning to walk.

A welcome for Catholic readers. While the book speaks to all believers, HALAK offers a particular welcome to Catholic hearts. The Holy Spirit received in Baptism and Confirmation is not a stranger to this journey. Scripture is quoted from the New King James Version with the Catholic Jerusalem Bible alongside, and a dedicated Catholic launch page — halak.au/catholic — speaks directly to Catholic readers, parishes, and prayer groups.

“This is not a book about running faster,” says the author. “It is about learning to walk — surrendered, attentive, obedient — with the Holy Spirit, in the life you actually live.”

AVAILABILITY AND EDITIONS

HALAK launches 26 January 2027 at halak.au/book: ebook \$9.99, paperback \$19.99, hardcover \$27.99 (AUD). A guided cohort (\$499-\$999) and church bulk pricing are available — halak.au/waitlist and halak.au/bulk-inquiry. A free Chapter 2 sample, “What It Means to Walk,” is available now on the book page.

ABOUT THE AUTHOR

Eby Mathew is the author of HALAK, a sixteen-chapter journey in Christian discipleship and spiritual formation, written and prepared in Australia. He writes for believers — Catholic and Protestant alike — who want to walk with the Holy Spirit in everyday life.

MEDIA CONTACT

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Assets: author photograph, book cover, and this release are available at halak.au/press. Review copies and interview requests are welcome.